









# SEED Grid

Sample ideas listed below; Students choose options and accumulate points;  
50% of points can come from past higher education experiences (e.g. transfers).

				
	Service	Ethics	Engagement	Diversity
	<b>Example:</b> Participate in a short term service project (e.g. 1-day environmental clean up project)	<b>Example:</b> Attend an ethics dialogue (e.g. Presidential Leadership Dialogue focused on ethics)	<b>Example:</b> Join an organization (e.g. Mason Ambassadors, community organization)	<b>Example:</b> Attend a cultural/diversity group meeting, event, workshop, or training (e.g. SafeZone training)
<b>Experience</b>				
	<b>Example:</b> Community-based learning reflection and community partner interview(s)	<b>Example:</b> Reflection journal/paper related to personal ethical decision making process	<b>Example:</b> StrengthsFinder self-assessment and discussion with advisor/mentor	<b>Example:</b> Reflection activity on leading change in diverse contexts
<b>Reflect</b>				
	<b>Example:</b> Readings about Social Change Model (SCM) and Relational Leadership Model (RLM)	<b>Example:</b> Readings about theories of ethical change in groups and organizations	<b>Example:</b> Readings about Kolb's Experiential Learning Cycle	<b>Example:</b> Course content about global contexts and diverse communities
<b>Theorize</b>				
	<b>Example:</b> In-depth service project (e.g. HIV/AIDS Issues Alternative Break in New York)	<b>Example:</b> Active Leaders Program; Community based change project in local community	<b>Example:</b> Significant involvement in an organization (e.g. RA, Patriot Leader, Leadership Consultant)	<b>Example:</b> Study Abroad Program
<b>Implement</b>				